



FUN THEME IDEAS FOR GROUPS

1

HOBBY PRESENTATIONS

At each meeting, have one mom perform a PowerPoint presentation on one of her favorite hobbies. It doesn't have to be too long — maybe five minutes — but the goal is to convince the room that they need to take up this hobby. This is a perfect opportunity to not only share/learn about various hobbies, but to also build confidence, connection and support. [Check this out.](#)

2

CLOTHING SWAP (FOR MOMS!)

Organize a time for a classic clothing swap — the only catch is this swap is for moms only, not the kids. Encourage moms to bring 2–5 (or more!) gently used items (including apparel, jewelry, shoes) to trade with the others in your group. Reduce waste, build community, and refresh your wardrobe!

3

ANALOG BAGS

If you haven't heard of this TikTok trend, an analog bag is all about finding activities you can do instead of turning to screens. Bags can include things like a coloring book and crayons, pens and a notebook, a book, a disposable camera, and a deck of cards. (Maybe even some fun [MomCo merch!](#)) This could be a gift to each mom in your group or an activity you all do together.

4

PHOTO ALBUMS AND SCRAPBOOKS

How many pictures do you take on your phone? Now how often do you actually look at those pictures? Let's bring back the days of looking through tangible photo albums with our families. Tell moms ahead of time to come prepared with some of their favorite photos. Provide photo albums (small and large) and craft supplies. Sit, create, and reminisce.

5

BIBLE IN A YEAR

Commit to reading the Bible in a year together. This can feel like a big goal to pursue alone; but when you do it together, you have accountability and support. Following a plan can be super helpful — check out [The Sacred Year](#), a journal that walks you through the Bible chronologically.