

# GOOD COMPANY

## VIDEO SUMMARY

### **GOOD COMPANY – MANDY ARIOTO | MANDYARIOTO.CO**

Cue the mixtape and grab your ride-or-die — Good Company is your throwback invitation to stop curating life and start living it, where showing up beats scrolling and connection doesn't need a calendar invite. Join Mandy Arioto, president and CEO of The MomCo, as we trade pressure for presence, choose interruption over convenience, combat worry with God's Word and live with integrity — becoming women who make life richer and more beautiful just by being in the room.

### **BE INTERRUPTIBLE – ANDREA FORTENBERRY | ANDREAFORTENBERRY.COM**

Embracing life's interruptions — both big and small — can deepen friendships, strengthen community, and create meaningful moments in motherhood. Andrea Fortenberry encourages moms to prioritize relationships over tasks and see interruptions as opportunities rather than inconveniences.

### **RAISING CAPABLE KIDS – DAVID THOMAS AND SISSY GOFF | RAISINGBOYSANDGIRLS.COM**

Motherhood powerfully shapes a child's sense of security, identity and capability. New York Times best-selling authors, David Thomas and Sissy Goff, remind moms that their steady presence, words and modeling matter deeply — especially in raising capable, resilient sons and daughters in an anxious world.

### **HOW TO PRAY – SHERRI CRANDALL | SHERRICRANDALL.COM**

Prayer is not meant to be a transaction where we simply ask God for what we want, but a relationship where we seek to truly know him. Sherri Crandall provides some practical ways prayer can become an ongoing conversation that deepens our friendship with God.

### **WORD OVER WORRY – JENNIFER IVERSON | JENNIFERIVERSON.COM**

Motherhood brings worries, but Jennifer Iverson shares how God's love, revealed through the Bible, can bring peace, perspective and trust for you and your kids.

### **WHEN LIFE FEELS LIKE A SNOWGLOBE – IZABELLA MCMILLON | THEMOM.CO/OCC**

Izabella McMillon shares encouragement for the seasons in life when we feel shaken. Moms all over the globe experience this in their motherhood. MomCo has partnered with Operation Christmas Child for over 25 years to encourage moms around the world.

### **SAVOR THE SEASON – SHERRI CRANDALL | SHERRICRANDALL.COM**

In the middle of Christmas traditions, baking and busy schedules, it's easy to lose sight of the real reason we celebrate. Sherri Crandall reminds us that the birth of Jesus — not the perfection of our traditions — is what gives our souls their true worth.

### **HE MADE A WAY – FAITH EURY CHO | FAITHEURYCHO.COM**

Easter is the ultimate example of how God is pursuing intimacy with us. Author and pastor Faith Eury Cho explores how Jesus makes a way for friendship with God to be restored.

BE INTERRUPTIBLE

WORD OVER WORRY

**MAKE THINGS BEAUTIFUL – RACHEL MARIE KANG | RACHELMARIEKANG.COM**

Learn how even small acts of creativity can restore peace and presence in your family and personal life. Rachel Marie Kang explores how creativity can be a lifeline for moms navigating the chaos, guilt and weariness of motherhood, offering practical ways to bring art and joy into daily life.

**STYLE WITH CONFIDENCE – SHARI BRAENDEL – STYLEBYCOLOR.COM**

Learn how to simplify your wardrobe, discover the colors that make you shine, and create a Signature Style Statement that reflects your true self. Shari Braendel has spent 30 years in the image industry and desires for every woman to develop a deep understanding of their personal style.

**STAY TRUE – CHERIE WAGNER | NEUETHING.ORG**

Through seasons of friendship loss and deep pain, Cherie Wagner shares how pursuing God’s wisdom transforms not just our relationships, but our hearts too. This is an invitation for moms to seek wise, faith-filled friendships that encourage growth, honesty and lasting connection.

**TRUE SELF-CARE – DR. NIRO FELICIANO | NIROFELICIANO.COM**

With the never-ending to-do list that moms hold, this is a compassionate look at how moms cannot neglect their own needs. Dr. Niro Feliciano, therapist and author, helps moms redefine self-care as a necessary, life-giving practice that supports emotional health, relationships and faith.

**DECODING DESIRE – DR. MORGAN CUTLIP | DRMORGANCUTLIP.COM**

Dr. Morgan Cutlip, author and relationship expert, provides an honest look about how desire actually works, why it fades for many moms, and how understanding what’s happening outside the bedroom can bring connection and intimacy back into it.

**BEYOND THE BIRDS AND BEES – BIRDS & BEES CO. | BIRDS-BEES.COM**

Mary Flo Ridley and Megan Michelson, the moms behind Birds & Bees Co., share a simple, proactive plan to replace “the talk” with ongoing, age-appropriate conversations. These conversations are fueled with your family values and voice to guide your kids through topics of bodies, boundaries and sex.

**WE ARE THE FRONT PORCH – STACEY MORGAN | STACEYMORGAN2000.COM**

We are embracing our role as MomCo leaders by setting up our group as the front porch of the church — a place where we offer friendship, create safety and reflect the love of Jesus without pressure or pretense.

**WELCOMING NEURODIVERGENT FAMILIES – KATE MORTHLAND | KMFAITHANDART.COM**

2025 MomCo Pitch Night winner, Kate Morthland, offers a powerful invitation for leaders to notice the moms who quietly disappear and intentionally create spaces where neurodivergent families feel seen, safe and truly belong.

**EMPATHETIC LEADERSHIP – KARRIE SCOTT GARCIA | KARRIEGARCIA.COM**

Karrie Scott Garcia explains why being empathetic as a leader matters, showing how past experiences shape reactions and how leaders can foster healing through presence and compassion.

**CRUCIAL CONVERSATIONS – DR. DAVID KENNEDY | INSTAGRAM.COM/DRDAVEKENNEDY**

As leaders, we often must have hard conversations with others on our leadership team, as well as moms in our group. Dr. David Kennedy unpacks the popular book, *Crucial Conversations*, in a practical way.

**CREATING AN ANTI-CLIQUE CULTURE – THE MOMCO LEADERSHIP PODCAST | THEMOM.CO//THE-MOMCO-LEADERSHIP-PODCAST**

MomCo staff members, Andrea Fortenberry and Abby Kruse, discuss how leaders can create a culture that fights the mom cliques and is welcoming to all moms.